

# OUR STORY

Upham is a growing collection of pubs with rooms, in the south of England. Each inn celebrates its own unique character & local community that it serves. We celebrate our idyllic locations & believe we have a responsibility to protect the countryside that surrounds us, for now & future generations.



## SAVE ON SIPS HAPPY HOUR

3 - 6:30pm Mon - Fri

£1 off a pint of draught beer\*  
25% off cocktails & wine



\*Includes Grolsch & Dark Star from £3.75



## WE CARE

Our carefully considered offering of ever growing products with purpose are highlighted within our list with either a bee or tree symbol.

Celebrating our partnerships with like-minded suppliers in support of our vision (with your help) to become more environmentally friendly & carbon neutral in every choice we make.



Each drink highlighted with a tree symbol indicates a 'sustainable story'.

## SOFTS & MIXERS

### Bottlegreen sparkling pressés

Choose from apple or elderflower

### Fruit juices

Apple, cranberry, pineapple, tomato or orange

### J2O

Orange & passion fruit, apple & mango or apple & raspberry

### Double Dutch tonics & mixers

Indian tonic, skinny tonic, elderflower, cucumber & watermelon, pink grapefruit, ginger beer, or ginger ale

Coca Cola original, diet, zero or Fanta

Diet Pepsi, Pepsi Max or R Whites Lemonade



## BOTTLED BEERS & CIDERS

### Peroni Nastro Azzurro Stile Capri 330ml bottle, Italy (4.2%)

Escape to the Italian coast with this easy-drinking beer inspired by the refreshing taste & scent of the Mediterranean

### Cornish Orchard 500ml bottle (4.5%)

Perfectly balanced, gentle sparkling cider made with 100% fresh, hand-picked dessert apples, using only natural sugars. Choose from cherry & blackberry or raspberry & elderflower

### Peroni Gluten Free 330ml bottle, Italy (5.1%)

Crafted with passion & flair to offer a delicate balance of bitterness & subtle citrus aromatic notes without the gluten. Brewed in Italy & based on the original recipe of 1963

### Big Drop Pine Trail Pale Ale 330ml can (0.5%)

Naturally brewed alcohol free pale ale w/ a citrusy bite

## ON DRAUGHT

HIGHLIGHTS FROM OUR RANGE

### Asahi Super Dry Japan (5%)

### Guinness Dublin (5.1%)

### Grolsch Netherlands

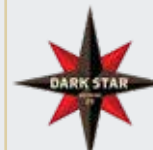
### Big Drop Paradiso - Citra IPA (0.5%)

Award winning naturally brewed alcohol free beer w/ hoppy burst of citrus, vegan friendly & gluten-free

### Peroni Nastro Azzurro Italy (5.1%)

### Meantime Anytime IPA (4.7%)

### Cornish Orchard Gold Cornwall (4.5%)



### Dark Star HopHead Sussex, UK (3.8%)

An extremely clean-drinking pale golden ale with a strong floral aroma & elderflower notes from the Cascade hops. This beer is full-bodied and full-flavoured yet gentle enough to make it a favourite session beer.

Please ask for today's selection of local & national real ales – these change all the time to keep the freshest & most suitable range available to you!

## APERITIFS & SPRITZ

<b>Beesou Spritz</b> .....	9.95
Beesou honey aperitif, prosecco, soda water & pink grapefruit slice	
<b>Aperol Spritz</b> .....	10.25
Aperol Italian aperitif, prosecco, soda water & an orange slice	
<b>Bombay Sunset Buck</b> .....	8.95
Bombay Sapphire Sunset gin, squeeze of lime, ginger ale & slice of lime	
<b>Spiced Ginger Spritz</b> .....	8.95
Makai spiced rum, ginger beer, soda water & lime slice	
<b>Sunshine Spritz</b> .....	8.50
Limoncello, prosecco, soda water & lemon slice	
<b>Pimms &amp; lemonade with seasonal fruits</b> .....	glass £7.25 / pitcher £16.50

## CARAFE COCKTAILS

250ml / 500ml carafe / 1l carafe

<b>Roseberry Lemonade</b> .....	£10.50 / £20.50 / £37.95
Strawberry syrup, Rose Syrup, Lemonade & Absolut Vodka	
<b>Dark, salty &amp; stormy</b> .....	£10.50 / £20.50 / £37.95
Kracken rum, Monin salted caramel syrup & ginger beer	
<b>Caramel Apple Sangria</b> .....	£10.50 / £20.50 / £37.95
Laylo Sauvignon Blanc, Absolut vodka, Cornish Orchard cider & caramel with an apple slice	
<b>Rosé &amp; Raspberry Fizz</b> .....	£10.50 / £20.50 / £37.95
Laylo rosé, Absolut vodka, Chambord, lemon juice, sugar syrup, soda & raspberries	



## COCKTAILS

<b>Mojito</b> .....	10.25
White rum, sugar syrup, lime juice & soda water	
<b>Pornstar Martini</b> .....	10.95
Vodka, passion fruit purée & lemon with a shot of prosecco	
<b>Espresso Martini</b> .....	10.25
Absolut vodka, Kahlua, vanilla & Moon Roast double espresso	
<b>Peach or Passion fruit Bellini</b> .....	8.95
Peach or passion fruit purée with prosecco	
<b>Botanical Smash</b> .....	10.50
Bombay sapphire gin, lemon, St Germain elderflower liqueur, blackcurrant, cranberry & mint	
<b>Old Fashioned</b> .....	10.25
Maker's Mark bourbon, Angostura bitters, sugar syrup & water with orange slice	
<b>The Laverstoke</b> .....	10.50
Bombay sapphire gin, vermouth, elderflower, gently squeezed lime wedges, topped with ginger ale & a ginger slice	
<b>Baby Guinness</b> .....	4.25
Delicious shot made to look like a mini-pint of Guinness made with coffee liqueur & Irish cream	

## MOCKTAILS

<b>Peach melba-retti (0%)</b> .....	7.95
Lyre's Amaretti, strawberry syrup, peach purée & lemonade	
<b>Virgin mojito (0%)</b> .....	6.45
Apple juice, elderflower, soda & mint	
<b>Peach or Passion fruit Belli-no (0%)</b> .....	6.95
Peach or Passion fruit purée with Lyre's 0% classico sparkling wine	

## NO / LOW ALTERNATIVES

**Apple-roll Spritz (0%)** ..... 7.95  
Lyre's Italian spritz, Lyre's classico sparkling wine, apple juice & soda with apple slice

**Lyre's Hugo Spritz (0%)** ..... 7.50  
Lyre's classico sparkling wine, elderflower, fresh mint & lime

**Lyre's classico sparkling wine (0%)**  
Impossibly crafted to capture the essence of a sparkling wine

**Asahi Superdry 0% 330ml bottle**  
Pioneering Japanese brewing techniques with the finest ingredients to brew a beer that has the same crisp and refreshing Asahi Super Dry taste, without the alcohol

**Peroni Nastro Azzuro 330ml bottle (0%)**  
After the characteristic aroma and taste profile is fully developed, is the alcohol gently removed to deliver the crisp and refreshing Italian taste

**Guinness 0.0 538ml can (0%)**  
Boasts the same beautifully smooth taste, perfectly balanced flavour and unique dark colour of Guinness, just without the alcohol

**Old Mout berries 500ml bottle (0%)**  
This tasty tippie occurred when our crisp apples met their match with a handful of ripe berries and cherries

**Big Drop Pine Trail Pale Ale 330ml bottle (0.5%)**  
Naturally brewed alcohol free pale ale w/ a citrusy bite

**Big Drop Paradiso - Citra IPA on draught (0.5%)**  
Award winning naturally brewed alcohol free beer w/ hoppy burst of citrus, vegan friendly & gluten-free



## WHITE

175ml / 250ml / bottle

**Blanc de Blanc La Cadence, France (11.5%)** ..... 5.50 / 7.50 / 20.95  
Vibrant wine with fresh citrus & floral aromas

**Pinot Grigio Venezie Vigna Mescita, Sartori, Italy (12.%)** ..... 8.35 / 10.95 / 30.45  
A crisp, clean Pinot Grigio with white flowers & pears on the palate

**Chablis Joseph Drouhin, France (12.5%)** ..... 59.95  
Classic chardonnay with flavours of lemon zest, grapefruit & pear with a touch of herbaceous notes on the nose

**Picpoul de Pinet Reserve de la Roquemolliere, France (12.5%)** ..... 9.15 / 12.35 / 34.75  
Soft, floral white, dry & delicate, exuding acacia, hawthorn blossom & citronella

**La Copa de Macabeo Coviñas, Spain (11.5%)** ..... 6.75 / 9.00 / 25.25  
Crisp, dry & refreshing with juicy green apples & white fruit

**Chardonnay Les Mougeottes, France (13.5%)** ..... 7.50 / 10.15 / 28.25  
Vibrant lemon & vanilla on the nose with a round, fruity body

**Sauvignon Blanc, Frost Pocket Marlborough, New Zealand (13%)** ..... 10.95 / 14.75 / 39.95  
Textured & elegant with a distinctive tropical fruit finish


**Petit Chenin Blanc Ken Forrester, South Africa (13%)** ..... 33.50  
Fresh white from one of South Africa's most respected producers, fragrant with quince & pear drop, while green apple & grapefruit zap the tongue

FRESH & CRISP

FULL & AROMATIC

## CARAFE SERVES

175ml / 500ml carafe / 1l carafe

 **Laylo Sauvignon Blanc Loire, France (11.5%)**

£8.95 / £23.50 / £39.95

Crisp & fruity, with pineapples, green apples & white peach that gives Marlborough Sauvignon run for its money



Please note ABV on wines is subject to seasonal variation. Prices correct at the time of printing, but are subject to change.

## RED

175ml / 250ml / bottle

**Carignan** La Cadence, France (12%) ..... 5.50 / 7.50 / 20.95  
Full-bodied & fruity, packed with red berry aromas & hint of nutmeg

**La Copa de Bobal** Bodegas Coviñas, Spain (12.5%) ..... 5.75 / 7.75 / 21.95  
Expressive Spanish red with black fruit & spice

**Pinot Noir** Les Mougeottes, France (13%) ..... 7.95 / 10.50 / 29.45  
Clean & precise bouquet with black cherries & raspberry aromas.  
Medium-bodied with red berry fruits

**Don David Malbec** El Esteco, Argentina (14%) ..... 9.75 / 13.25 / 36.75  
Rich & filled with berries, plum jam & chocolate notes  
with elegant scent of violets, vanilla & smoke on the nose

**Coonawarra Shiraz** Wynns, Australia (14.5%) ..... 38.95  
Elegant & silky, with generous mulberry & blackberry notes.  
Delicate oak is used to match

## RED

175ml / 250ml / bottle

**Montepulciano d'Abruzzo** Abruzzo, Italy (12%) ..... 8.45 / 11.25 / 31.50  
Classic, plum-filled Montepulciano d'Abruzzo,  
pleasantly scented with violets, peonies & more plums

**Rioja Crianza** Ramón Bilbao, Spain (14%) ..... 38.95  
Full of black fruit, plus an intriguing sour note



### CARAFE SERVE

175ml / 500ml carafe / 1l carafe

 **Laylo Merlot** Languedoc, France (13.5%)

£8.95 / £23.50 / £39.95

Medium bodied vegan red, classic French in style  
with raspberries, blueberries & a hint of coffee,  
with smooth tannins that taste like liquid velvet.

## ROSE

175ml / 250ml / bottle

**Pretty Gorgeous Rosé** France (13%) ..... 5.50 / 7.50 / 20.95  
Fruity with some tropical hints & a slightly off dry style

**La Copa de Bobal Rosé** Utiel-Requena, Spain (12.5%) ..... 6.75 / 9.00 / 25.25  
Beautiful, raspberry-pink, slightly sweet rosé from the Bobal grape,  
exuding wild strawberry, black cherry & a drop of rosewater

**Mirabeau Azure Provence Rosé** France (13%) ..... 11.50 / 15.25 / 41.50  
A quintessential, dry & elegant pale peach Provence rosé

### CARAFE SERVES

175ml / 500ml carafe / 1l carafe

**Laylo Luberon Rosé AOP** Provence, France (13%)

£8.95 / £23.50 / £39.95

A super-pale, dry vegan rosé made in the traditional Provençal style  
from Grenache, Syrah & Mourvedre grapes. Expect redcurrants,  
strawberries & long, bracing acidity.



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## SPARKLING & CHAMPAGNE

125ml / bottle

**NV Prosecco** Italy (11%) ..... 7.95 / 36.95

Delicate, lively Prosecco, fragrant with white flowers & a lime tang on the finish

**Coates & Seely Brut Reserva** Hampshire, England (12%) ..... 59.50

Extremely pretty English sparkling with apple & lemon-curd aromas. Full-bodied with plenty of fruit, a layered texture & a creamy finish

**Coates & Seely Rosé NV** Hampshire, England (12%) ..... 63.50

A beautiful English sparkling rose, with gossamer light construction, pale in colour with scents of rose-hips & strawberry. It's full bodied with plenty of fruit yet not overdone

**Moët Imperial** Moët & Chandon, France (12%) ..... 74.95

A succulent mouthful of pear, peach & a hint of melon preceded by a delightful waft of brioche & citrus fruits



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## GIN

HIGHLIGHTS FROM OUR RANGE

### Bombay Sapphire

Distilled just up the road at Laverstoke Mill. Bombay burst onto the scene in the late 80's and their focus on botanicals paved the way for many craft gins that we know today.

With many of our guests visiting the distillery we have partnered with Bombay Sapphire to provide an extensive range of their gins including Bombay Bramble, Citron Pressé, Sapphire Sunset & Premier Cru Murcian Lemon

### Hendrick's

A triumph of the unusual – curious, yet marvellous, the infusions of rose & cucumber create the uniquely balanced flavour elevating any cocktail & all occasions

### Bloom Jasmine & Rose

Sugar free premium pink gin, bursting with exquisite floral flavours

### Whitley Neil rhubarb & ginger or Sicilian blood orange

From the warming flavours of a rhubarb & ginger crumble to the taste of the Mediterranean sunshine

### Mermaid

Inspired by its lead botanical rock samphire, known locally as mermaids kiss this hand crafted gin is made from 10 ethically sourced botanicals designed to free your spirit

### Mermaid pink strawberry or zest

from fresh sun-kissed strawberries to coastal rosemary & zesty citrus

Packaged in full recyclable glass bottles, Mermaid seals are made from plant based materials & their stoppers are made from sustainably sourced cork



## WORLD WHISKEYS

HIGHLIGHTS FROM OUR RANGE

### Glenfiddich 12 year old Scotch

Meaning 'valley of the deer' in Scottish Gaelic, with a lower abv than the increasingly popular cask strength Scotches – it's the one to drink when you're drinking more than one

### Jameson Irish Whiskey

Distilled three times in copper stills for smoothness - not because they have to but because they want to. Good things come in threes according to Jamo"

### Talisker Scotch Whisky

The Isle of Skye's only single malt & one that is loved all over the world for its maritime character

## BOURBONS & TENNESSEE WHISKEYS


HIGHLIGHTS FROM OUR RANGE

### Jack Daniel's Old No 7

Charcoal mellowed drop by drop

### Maker's Mark

Made from soft winter wheat (instead of the usual rye) for a full flavoured bourbon

 Having received B-corp status for championing social & environmental initiatives across the company & industry, Maker's Mark promotes a mission 'make your mark' - 'Leave no trace'

## VODKA

HIGHLIGHTS FROM OUR RANGE

### Absolut

Bold & original Swedish vodka. Absolut Vodka launched in New York, 1979 in a transparent & label-less bottle, inspired by an 18th Century medicine bottle

### Mermaid Salt

Created with a pinch of locally sourced sea salt, like the gentle kiss of a mermaid. Distinctive & unique Mermaid salt vodka is a mixologist favourite adding a hint of sea air to their creations

Certified as net zero through off setting their carbon emissions through their work with projects such as the Ocean foundation which is an extensive sea grass growing initiative

## RUM

HIGHLIGHTS FROM OUR RANGE

### Kraken

Named after the sea beast of myth and legend, Kraken Caribbean black spiced rum is bold, rich & smooth

### Mount Gay

Originally owned by John Sober, who inherited a small distillery at the top of Mount Gilboa in Barbados in 1703

### Makai spiced rum

Inspired by the spirit of Polynesia blended with rich spices where modern meets tradition & ocean meets jungle

### Mermaid spiced rum

A blend of Caribbean rums infused with local fruits and spices on the Isle of Wight. Enjoy the smooth and complex flavour of this eco-friendly spirit with a hint of sea air and fruity spice



## TEQUILA

HIGHLIGHTS FROM OUR RANGE

### El Tequileno Reposada

Three generations after it's foundation, with history, heritage & passion in every drop the family's legacy continues to influence the production of the finest quality sustainable tequilas

♻️ 98% of El Tequileno's production residuals are converted into organic compost which is then used to fertilize their next generation of Agave

### Dead Man's Fingers Strawberry Tequilla Cream Liqueur

Combining Tequila with rich cream & fruity strawberry notes

## AFTER DINNER SIPS

Amaretto sweet Italian liqueur

Courvoisier Cognac

Cockburn's Fine Ruby 20 year old tawny port

Baileys Irish Cream

Limoncello



## LIQUEUR COFFEE

Jameson .....	6.95
Brandy .....	6.95
Scottish Whisky .....	6.95
Amaretto .....	6.95
Coffee Liqueur .....	6.95
Dark rum .....	6.95

## BOOZY HOT DRINKS

Amaretto latte .....	6.95
Baileys latte .....	6.95
Cointreau hot chocolate .....	6.95
Baileys hot chocolate .....	6.95





## HOT DRINKS

Americano .....	3.25
Cappuccino .....	3.65
Double espresso .....	3.25
Latte .....	3.65
Flat white .....	3.65
Macchiato .....	3.50
Tea .....	2.95
Specialist tea .....	2.95
Mocha .....	3.50
Hot chocolate .....	3.75
Turkish delight hot choc .....	5.95
Hot chocolate with rose syrup & chocolate sprinkles	
Iced strawberry bon-bon latté .....	4.95
Espresso, milk, vanilla & strawberry syrup, chilled over ice	
Add syrup .....	+50p
Caramel, hazelnut or vanilla	

*Oat, soya or almond milk available on request*



Proudly served with Moon Roast small batch coffee,  
roasted in the heart of rural Hampshire.

**MOON  
ROAST**



## SCAN FOR ALLERGENS

Our food & drink is prepared in food areas where cross contamination may occur & our menu descriptions are not guaranteed to include all ingredients. If you have any questions, allergies, or intolerances please let us know before ordering. Substitutions are available to support dietary needs.

125ml size also available for all wines served by the glass